

COMPAS

DANISH RESEARCH CENTER FOR EQUALITY IN CANCER

Work Package Title:	WP-4 Against All Odds
	<p>Not all patients experience similar good results from cancer treatment. This inequality applies especially to vulnerable groups of patients with both cancer and risky SNAP-factors</p> <p>Quit new research suggests that having several SNAP-factors influences the treatment results significantly more than the added influence of each SNAP-factor. Therefore, a comprehensive program (prehabilitation) including all SNAP is needed.</p>
Aims:	<p>We investigate how much intensive health promotion - <i>i.e. a complete prehabilitation program on all SNAP-factors</i> – improves the treatment of urinary tract cancer requiring surgery in the short and longer term.</p> <p>SNAP for surgical patients: Smoking (daily) Nutrition (malnutrition/obesity) Alcohol (>2 drinks per day or >14 drinks per week) Physical Activity (< 30 min per day or 3½ hour weekly)</p>
Methods:	<p>We combine different research methods to meet the purpose in the best possible way for patients with urinary cancer and SNAP-factors.</p> <p>a) Effect of intensive and tailored prehabilitation for patients undergoing neo-adjuvant chemotherapy prior to major bladder cancer surgery. RCT design.</p>

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	<ul style="list-style-type: none"> b) Pilot implementation of prehabilitation among surgical patients with kidney cancer. Feasibility design. c) Effect of intensive smoking cessation services in the municipality and the hospital to patients who have to undergo minor bladder surgery (TUR-B). CCT design. d) Patients, relatives and staff experiences and views on the prehabilitation. Interviews. e) Effect of the intensive Danish smoking cessation program among people with and without cancer. Cohort design.
<p>Researchers and Research Units:</p>	<p>This national project is carried out in close collaboration among clinical researchers, experts in prehabilitation and implementation as well as patients, relatives and clinical staff.</p> <p>WP-Leader: H Tønnesen, chief surgeon, professor, DMSc, <i>WHO-CC, Parker Institute, University Hospital of Copenhagen, Bispebjerg-Frederiksberg</i></p> <p>Peter Ole Thind, chief urologist, DMSc + Susanne Vahr Lauridsen, clinical nurse specialist, PhD, <i>Department of urology, Copenhagen University Hospital, Rigshospitalet</i></p> <p>Gitte Wrist Lam, chief urologist, <i>Department of urology, Copenhagen University Hospital, Herlev-Gentofte</i></p> <p>Jørgen Bjerggaard Jensen, chief urologist, professor, DMSc + Bente Thoft Jensen, clinical nurse specialist, PhD, <i>Department of urology, Aarhus University Hospital-Skejby</i></p>
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