

WP9 An evaluation of the feasibility and implementation of digital rehabilitation in an Oncology Department and five Municipal Cancer rehabilitation centers in Region Zealand.

AIMS

The overall aim is to evaluate the feasibility and implementation of digitally supported exercise in the cancer care setting, as well as to generate knowledge from the implementation project that can inform future implementation efforts across different contexts and patient groups.

The project consists of three sub-studies. Sub-study 1 examines reach and acceptability of digitally supported exercise in an oncology department. Sub-study 2 examines reach, acceptability, and effectiveness of digitally supported exercise in the municipal setting. Sub-study 3 evaluates the municipal implementation and explores the factors underlying both success and challenges.

METHODS

All three sub-studies will be conducted as a multisite, single-arm, non-randomised study of the implementation of digitally supported exercise at the Department of Clinical Oncology and Palliative Care at Zealand University Hospital, as well as in the municipalities of Næstved, Ringsted, Roskilde, Slagelse, and Sorø. The project uses both quantitative and qualitative methods, including data from patient medical records, physical tests, questionnaires, and interviews, and includes patients with cancer as well as municipal therapists.

RESEARCHERS AND RESEARCH UNITS

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